



## Improving Healthcare Outcomes in Chronic Disease - Enhancing the Curriculum at Masters Level

### TRAIN THE TRAINER ACTIVITY IN TASHKENT MEDICAL ACADEMY AND BUKHARA STATE MEDICAL UNIVERSITY

#### 1. Presentation

In the period between January 26 and February 8 2020, two professors from Universitat Politècnica de Valencia (Spain) developed a train the trainer activity in partner institutions in Tashkent and Bukhara.

Due to limited transport possibilities, the activity in Tashkent Medical Academy was divided in two periods, from January 27 to January 29 and from February 6 to February 7. The activity in Bukhara State Medical Institute was developed in the period January 30 to February 5.

In both institutions the program developed was the same, under the general subject of “Quality in Health Sector and Improving Learning Activities”, the following four areas were presented and discussed:

- Quality Management Principle in Health Sector
- Change Management
- Problem Solving Techniques
- Innovative Teaching Strategies

#### 2. Structure

In each of the visited institutions the structure of the program was slightly different, adapting to the availability of participants in the program and to the scheduled working time.

In Tashkent the schema was based in 5 hours per day of teaching activity. Also, daily meetings with IHOD project participants and with Dr Bakhramjon Mamatkulov (Dean of the Faculty), prior to the teaching sessions were undertaken.



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In Bukhara, the schema was based on 4 hours per day for teaching activities, plus we developed some meetings with the Vice rector for International Affairs of the BSMI, Dr Akhatjon Askarovich Nasullaaev and with other staff of this institution.

The detailed agenda is presented in an annex document.

### 3. Process

Activities were developed without special problems. The attendance level was satisfactory and the interest and participation of participants was adequate. The facilities were adequate, except maybe that we haven't Wi-Fi available, that could have been of interest for some practical demonstrations, especially in the Innovative Teaching Strategies lectures.

### 4. Outcomes

The documentation used in the seminars was distributed in electronic form to participants. This documentation corresponds to the lectures presented during the visit, plus additional contents that were considered for interest for participants.

Documentation was distributed in the form of pdf files, also annexed to this report, with the names:

- IHOD\_Uzbequistan 2020-Teaching Strategies.pdf
- Problem Solving\_eng.pdf
- quality1.pdf
- change.pdf